

## 2020 More Than A Meal Café

The Rock Mission Center: 1019 E. Wall Street, Eagle River Meals sponsored by the ADRC of Vilas County

| Monday                 | Tuesday               | Wednesday              | Thursday               | Friday                |
|------------------------|-----------------------|------------------------|------------------------|-----------------------|
| 1                      | 2                     | 3                      | 4                      | 5                     |
| Hamburger on a Bun     | Crab Pasta Salad      | Chicken Breast         | Beef Stroganoff        | Roast Pork            |
| Grilled Onions         | over Romaine          | Mushroom & Bacon       | Mashed Potatoes        | Boiled Potatoes       |
| Ketchup                | Tomato Wedges         | Sauce                  | Broccoli Salad         | Gravy                 |
| Tomato & Cuke Salad    | Dinner Roll           | Mashed Potatoes        | Whole Wheat Bread      | Steamed Red Cabbage   |
| Calico Beans           | Peaches               | Country Trio Veggie    | Strawberries           | Oat Bran Bread        |
| Craisin Cookie         | Lemon Bar             | Blend                  | Angel Food Cake        | Cinnamon Applesauce   |
|                        |                       | Biscuit                |                        |                       |
|                        |                       | Honey Bee Ambrosia     | June Birthdays         |                       |
| 8                      | 9                     | 10                     | 11                     | 12                    |
| Creamy Chicken         | Boneless BBQ Pork Rib | Roast Beef             | Strawberry & Spinach   | Chili                 |
| Vegetable Casserole    | Scalloped Potatoes    | Gravy                  | Salad w/ Diced Chicken | Cheddar Cheese Slice  |
| Broccoli               | Whole Kernel Corn     | Mashed Potatoes        | Breast, Black Beans &  | Romaine Lettuce Salad |
| Oat Bran Bread         | Whole Wheat Dinner    | Brussels Sprouts       | Poppyseed Dressing     | Dressing              |
| Mixed Fruit            | Roll                  | Whole Wheat Bread      | Mandarin Oranges       | Rye Bread             |
| Carrot Cake            | Grapes                | Pumpkin Bar            | Dinner Roll            | Mandarin Oranges      |
|                        |                       |                        | Cookie                 | Cookie                |
| 15                     | 16                    | 17                     | 18                     | 19                    |
| Ham & Scalloped        | Sloppy Joe on a Bun   | Paprika Chicken        | Seasoned Baked Fish    | Stuffed Green Pepper  |
| Potato Casserole       | Roasted Potatoes      | Baked Sweet Potato     | Baby Red Potatoes      | Casserole             |
| Pacific Blend Veggies  | Baked Beans           | Coleslaw               | Peas                   | Carrots               |
| Whole Wheat Roll       | Banana Cream Pie Bar  | Raisin Bread           | Rye Bread              | Whole Wheat Bread     |
| Vanilla Yogurt &       |                       | Grape Salad            | Creamy Fruit Salad     | Apple Cake            |
| Berries                |                       |                        |                        |                       |
| 22                     | 23                    | 24                     | 25                     | 26                    |
| Chicken Salad          | Honey Mustard Pork    | Swedish Meatballs      | Meat Lasagna           | Garlic Lime Chicken   |
| on a Croissant         | Twice Baked Potatoes  | Mashed Potatoes        | Wax Beans              | Au Gratin Potatoes    |
| Romaine Leaf &         | Peas                  | Gravy                  | Romaine & Spinach      | Key West Veggie Blend |
| Tomato Slice           | Whole Wheat Bread     | Broccoli & Cauliflower | Salad                  | Multi Grain Bread     |
| Minestrone Soup        | Melon                 | Whole Wheat Bread      | Dressing               | Spice Cake            |
| Sliced Peaches         |                       | Applesauce             | Garlic Breadstick      |                       |
| Cookie                 |                       |                        | Blueberry Coffee Cake  |                       |
| 29                     | 30                    |                        |                        |                       |
| Peach-Glazed Pork Loin | Seasoned Baked        |                        |                        |                       |
| Parsley Buttered       | Chicken               |                        | HAPPY                  |                       |
| Potatoes               | Mashed Potatoes       |                        | Father's DAY           |                       |
| Coleslaw               | Gravy                 |                        | COO                    |                       |
| Dinner Roll            | Cold Pickled Beets    |                        |                        |                       |
| Raspberry Cheesecake   | Whole Wheat Bread     |                        |                        |                       |
| Fluff                  | Peaches & Vanilla     |                        |                        |                       |
|                        | Pudding               |                        |                        |                       |

Lighter Substitute available in place of main entrée: Grilled Chicken Salad

Reservations or cancellations MUST be made 24 hours in advance.

Meals served Monday through Friday at noon.

Call JENNIE JOHNSON at (715) 891-1221 to reserve or cancel a meal.